



Internship Requirements & FAQ

All interns must be at least 18 years of age.

The minimum commitment for an internship is one month. Applicants who can commit to 2-3 months are given priority.

All internships begin on the first day of the month of internship and end on the last day of the month of internship (except January internships begin January 3 and December internships end January 1 unless otherwise scheduled). All interns are expected to arrive one day before the start of the internship.

We understand that applicants' availability may vary, based on other commitments in your schedule. Please let us know what works for you, in terms of coordinating your internship with your school or employment.

Applications are accepted on a rolling basis. Although we do not have enough spaces to accommodate all applicants, we appreciate everyone's offer to help.

Internship positions are available year-round. Positions are filled on an on-going basis as applications are received. Summer positions fill quickly, so contact us well in advance. Winter internships are greatly needed but please note, working this time of year is particularly challenging. If you are interested in working at a sanctuary, the experience you will get working through a tough Maine winter is especially valuable. We highly recommend that people interested in getting jobs in the sanctuary movement intern during more difficult months of the year to get a better sense of the work required.

Interns volunteer full time, working 40 hours/week. Every intern gets 1 or 2 days off each week, although not necessarily Saturday or Sunday.

Out of respect for the animals and the work we do, all staff and interns are required to commit to a vegan lifestyle while on our premises. That means diet (no meat, dairy, eggs, honey or other animal by-products), personal care items (must be cruelty-free with no animal by-products) and clothing (no leather, silk or wool). We will be happy to help you with tips, recipes and meal ideas, if you like.

We provide simple housing. Currently, we have a small heated cabin with two beds and modest furnishings. Toilet, shower and cooking facilities are available in our "people barn" which is a few steps away from the cabin. There is a refrigerator and hot plate for meal preparation.

We provide non-alcoholic beverages for our interns. You will be responsible for buying and preparing your own lunch and dinner and \$50/week food stipends are available to interns. Weekly trips to the grocery store will be provided if you have no vehicle. You will be provided with lunch on the day when we do the educational presentation.

For clothes, you should plan on being comfortable and not worrying about getting dirty. Bring waterproof boots/shoes, good rain gear, and winter gear November-April. Weather conditions can be extreme, so plan accordingly. Please note that shorts are not allowed when working with the animals for your protection from accidental injuries. Please ask if you have any questions!

As an intern, you will have a chance to observe health care procedures, but interns are never trained to medicate or perform healthcare treatments on our animal residents. These procedures are performed by our staff.